



IV International Research and Training Conference on Psychological Help

Methods:

Crisis Intervention

Conference programme

Venue: Akademia Pedagogiki Specjalnej im. Marii Grzegorzewskiej

Building C, Warszawa, ul. Szczęśliwicka 40, aula B

Day I

Thursday, 13.11.2025	
8.30 – 15.00	Registration
9.30 – 10.00	Conference opening and welcome
10.00 – 12.30 AULA B	Plenary session Different facets of crisis intervention Moderator: Katarzyna Prot-Klinger
10.00 – 10.30	Michał Bilewicz, Warsaw University, Poland

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	<i>Living in a Polycrisis: The Social Dimensions of Crisis Intervention</i>
10.30 – 11.00	Grzegorz Iniewicz, Jagiellonian University in Kraków, Poland <i>Gender Identity and Sexual Orientation – From Crisis to Growth</i>
11.00 – 11.30	Małgorzata Czarkowska, The Maria Grzegorzewska University, Poland <i>The “Blue Cards” Procedure as an Element of Preventing Domestic Violence</i>
11.30 – 12.15	Alex Galczynsky, Superhumans, Ukraine <i>Stabilization Techniques in Crisis Situations: Experiences from Working with War Victims</i>
12.15 – 12.30	Q&A Session
12.30 – 13.00 ☕	Coffee break
13.00 – 14.40	Parallel sessions
AULA A	Session I Crisis Intervention – Developmental Contexts of the Individual and the World Moderator: Marcin Sękowski
13.00 – 13.20	Sabina Więsyk, The John Paul II Catholic University of Lublin, Poland <i>Motherhood in the Face of Crisis – How to Provide Support? Practical Conclusions Based on Research on the Role of Coparenting in Mothers’ Adaptation to the Demands of the Pandemic</i>
13.20 – 13.40	Anna Zarazińska-Chromińska, The Maria Grzegorzewska University, Poland <i>Developmental and Situational Crises in Early School Age – Opportunities for Intervention in the School Environment</i>

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13.40 – 14.00	Katarzyna Średzińska, Joanna Kacysz, Masovian Neuropsychiatry Center, Poland <i>Resource-Oriented Music Therapy Intervention with a Child in Crisis</i>
14.00 – 14.20	Sonia Ziemba-Domańska, The Polish-Japanese Academy of Information Technology, Poland <i>Crisis Intervention Using New Technologies – The Potential and Challenges of Applying Artificial Intelligence in Helping Practices</i>
14.20-14.40	Anna Cieplińska, Stowarzyszenia Rodzin Osób z Zespołem Downa „Ukryty Skarb” w Lublinie, Poland Krzysztof Mariusz Ciepliński, The Maria Grzegorzewska University, Poland <i>Crisis Support for Families Following the Birth of a Child with Down Syndrome – A Multidimensional Intervention Model Implemented by the “Hidden Treasure” Association in Lublin</i>
AULA B	Session II Crisis Intervention in Clinical Practice Moderator: Iwona Nowakowska
13.00 – 13.20	Dagmara Musiał, UMCS, Poland <i>Effectiveness of Crisis Intervention Based on the RAPID Psychological First Aid Model</i>
13.20 – 13.40	Jolanta Golianek, Centrum Terapii JesteśMy, Poland <i>Crisis Intervention in Burn Injury Cases</i>
13.40 – 14.00	Dominika Wiśniewska, The Maria Grzegorzewska University, Poland <i>Medical Post-Traumatic Stress – Crisis Intervention for a Child Admitted to the Emergency Department and Undergoing Further Treatment</i>

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14.00 – 14.20	Izabela Kaźmierczak, The Maria Grzegorzewska University, Poland <i>From Denial to Acceptance: Emotional Transition After a Critical Event and Depressive Symptoms – Implications for Crisis Intervention</i>
14.20-14.40	Lidia Zabłocka-Żytka, The Maria Grzegorzewska University, Poland <i>Psychological first aid in crisis situations – recommendations and application principles</i>
14.40 – 15.15 	Lunch break
15.15 – 17.00  AULA B	Screening of the Film “Faces of Agata” and Discussion with Its Creators - with director Małgorzata Kozera and producer Maria Krauss Moderator: Irena Jelonkiewicz-Sterianos
17.00	Closing remarks

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Day II

Friday, 14.11.2025	
9.00 – 11.00 AULA B	Plenary session Crisis Intervention with Groups Moderator: Irena Jelonkiewicz-Sterianos
9.00 – 9.30	Milena Mutaftchieva, New Bulgarian University, Sofia, Bulgaria Reijo Kauppila, Helsinki Psychodrama Institute, Helsinki, Finland <i>Evidence-Based Trauma Stabilisation (EBTS) Programme for traumatised families</i>
9.30 – 10.00	Sofia Symeonidou, Centre for the Study and Application of Psychodrama, Greece <i>Psychodrama and Sociodrama at the front line: Supervision groups for social scientists working with refugees in the field</i> <i>Focusing on "trauma": reinforcing inclusion and tolerance with psychodrama and sociodrama</i>
10.00 – 10.30	Tomasz Głowik, Poland <i>Crisis Intervention in Addiction Situations</i>
10.30 – 11.00	Mooli Lahad (online), The International Stress Prevention Centre, Izrael <i>Turning Ruins into Resources: Lessons in Psychosocial Resilience-Lessons from 35 Years of Psychosocial Humanitarian Practice</i>

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11.00 – 11.30 ☕	Coffee break
11.30 – 13.00	Workshop session
Workshop I Room 3090 (ground floor)	Marta Piegat-Kaczmarczyk, Polskie Forum Migracyjne, Poland <i>Crisis Within a Crisis: Supporting Teenagers with Experience of Migration and Mental Health Crises</i>
Workshop II Room 3094 (ground floor)	Sylvia Kuczyńska-Horst, Poland <i>Meeting in Pain and Silence: Psychological Consultation with a Woman/Couple After Miscarriage</i>
Workshop III Room 3131 (1st floor)	Magdalena Kruk-Rogucka, The Maria Grzegorzewska University, Poland <i>(Not?) Ours – adoption as a process of becoming a parent</i>
Workshop IV 3631 (6th floor)	Sylvia Kluczyńska, The Maria Grzegorzewska University, Poland <i>Crisis Intervention in Domestic Violence Situations</i>
Workshop V Room 3077 (ground floor)	Milena Mutaftchieva, Centre for Child Development and Psychological Consulting "Cognitiva", Sofia, Bulgaria Reijo Kauppila, Helsinki Psychodrama Institute, Helsinki, Finland <i>Evidence-Based Trauma Stabilisation (EBTS) Programme for traumatised families</i>

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13.00 – 13.30 🍴🍴	Lunch break
13.30 – 15.00 Room 2120 (building B, 1st floor)	Workshop in a big group: Sofia Symeonidou, Centre for the Study and Application of Psychodrama, Greece <i>A Sociodrama Workshop for Crisis Intervention</i>
15.15 Aula B	Closing of the conference
15.30 Building D	Visit to the Maria Grzegorzewska Museum with a presentation on the history of APS Jacek Kulbaka

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