



# 3<sup>rd</sup> International Research and Training Conference on Psychological Help Methods: Psychological Help for Children and Youth

## CONFERENCE ANNOUNCEMENT 1

24th February 2023



The Maria Grzegorzewska  
University (APS)  
Institute of Psychology  
Department of Psychotherapy  
and Psychological Counseling  
ul. Szczęśliwicka 40  
02-353 Warsaw, Poland

E-mail:

[metodypomocy@aps.edu.pl](mailto:metodypomocy@aps.edu.pl)

Facebook:

[facebook.com/metodypomocy](https://facebook.com/metodypomocy)

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Edition organized by:

Department of Psychotherapy  
and Psychological Counseling  
Institute of Psychology APS  
Department of Clinical  
Psychology of Children and Youth  
Institute of Psychology APS

**Date:**

9th-10th November 2023

**Form:**

On-site, lectures and workshops  
in APS, Warsaw. Plenary talks will  
take place in Polish and English.  
Workshops and parallel sessions  
in Polish or English.

**Conference fee:**

350 PLN

**3rd International Research and Training Conference on Psychological Help Methods** is the subsequent one (previous in 2019 and 2021) promoting knowledge about various forms of psychological help, their applications and effectiveness in supporting various groups.

During our events the academic environment meets practitioners, who help psychologically on a daily basis. Such repeated research and training meetings create a chance to excel in and disseminate knowledge about the most effective measures of support, applied by psychologists, psychotherapists and other specialists in helping professions.

In 2023, the title of our Conference is **Psychological Help for Children and Youth**. The event will be an occasion to analyze the theoretical approaches and empirical results regarding the contemporary needs of children and youth in terms of their mental health, effective forms of diagnosis and support, as well as an exchange of experiences between psychologists and other specialists who give help to children and youth.

The experience of COVID-19 pandemic in 2020-2021 and numerous losses connected to it, e.g., loss of on-site learning opportunities, deaths of loved ones, anxiety of caregivers, as well as the 2022 refugee crisis, have impact on emotions and mental health of children and youth. These arguments support the idea of the broadest possible dissemination of knowledge and good practices of effective psychological help for children and youth.



**Topics we want to mention during the Conference are, e.g.:**

- Psychological help for a child with somatic illness/disability
- Psychological help for a child in mental health crisis/suicidal crisis/transition/parental divorce situation
- Psychological help for a child in a situation of violence (domestic, peer, cyberviolence)
- Help for children and youth with migration/refugee background
- Help for youth in choosing their career path
- Children and youth's rights - psychological help and law
- Mental health promotion among children, youth and caregivers
- Working with infants and toddlers
- Adoption-related issues
- Working with a child in grief

## Organizational Committee:

- prof. dr hab. Czesław Czała
- dr hab. prof. APS Irena Jelonkiewicz
- dr hab. prof. APS Katarzyna Prot-Klinger
- dr Lidia Zabłocka-Żytka
- dr Iwona Nowakowska
- dr Sylwia Kluczyńska
- dr Marcin Sękowski
- dr Ewa Odachowska-Rogalska
- mgr Anna Zarazińska

## Scientific Committee:

- prof. dr hab. Czesław Czała
- dr hab. prof. APS Irena Jelonkiewicz
- dr hab. prof. APS Katarzyna Prot-Klinger
- dr Lidia Zabłocka-Żytka
- dr Iwona Nowakowska
- dr Sylwia Kluczyńska
- dr Marcin Sękowski
- dr Ewa Odachowska-Rogalska

## Partners of the Conference:

- **ENTER Mental Health Network** – a multinational organization promoting the highest standards of mental health promotion, training and care regarding mental health in Europe based on a common research network. Website of our Partner: [www.entermentalhealth.net](http://www.entermentalhealth.net)
- **PWN Moc Wiedzy (Grupa PWN)** – publisher and disseminator of academic and professional publications, as well as services linked to online education. Website of our Partner: [www.pwn.pl](http://www.pwn.pl)
- **Psychologia.PWN** – a website created for psychologists and psychotherapists, who search for reliable knowledge in Internet. The aim of the website is to have a good dialogue with psychologists, and to provide virtual space for networking. Website of our Partner: [psychologia.pwn.pl](http://psychologia.pwn.pl)

Organizer:



Partners:



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