



3rd International Research and Training Conference on Psychological Help

Methods: Psychological Help for Children and Youth

Full conference programme

Venue: The Maria Grzegorzewska University,

Building C

Warsaw, Poland, Szczęśliwicka 40

Day I

Thursday, 09.11.2023		Venue
8.30 – 16.00	Registration	
9.30 – 10.00	Conference opening	Aula B ground floor
10.00 – 12.00	Plenary session Moderator: Jan Czesław Czabała	Aula B ground floor
10.00 – 10.30	Eija Paavilainen: <i>Can we prevent child maltreatment by asking parents about risks and worries within the family?</i> Tampere University, Finland.	
10.30 – 11.00	Cezary Żechowski:	



	<i>Neurodiversity and trauma - working with the child and their family.</i> Centrum Zdrowia Psychicznego Dzieci i Młodzieży. Wolski Hospital, Warszawa.	
11.00 – 11.30	Mooli Lahad: <i>The need of stories for our survival – Storytelling in challenging times –_How stories can be used with children & youth.</i> The Community Stress Prevention Centre, Israel.	
11.30 – 12.00	Nira Kaplansky: <i>Bringing memories to life: The stage as a safe place for healing.</i> The Community Stress Prevention Centre, Israel.	
12.00 – 12.30	Coffee break	
12.30 – 14.00	Parallel sessions	Venue
	Session I Psychological support for a child with somatic illness and disability Moderator: Dominika Wiśniewska	Room 3077 ground floor
12.30 – 12.50	Jolanta Golianek: <i>A child's return to school after a burn injury.</i>	
12.50 – 13.10	Karolina Skop, Marzena Machoś: <i>PRS-Warrior's Parents: multispecialty support for family and child with the Pierre-Robin Sequence.</i>	
13.10 – 13.30	Dominika Wiśniewska: <i>Psychological support for a deaf child attending a mainstream school.</i>	
13.30 – 13.50	Joanna Sikora-Ściagała: <i>Parenting... Happiness and joy or constant stress?</i>	
13.50 – 14.10	Monika Krupa-Nowosad: <i>Can a sense of stigma be a problem for chronically ill children? Determinants and prevention of the feeling of stigma.</i>	



	Session II	Helping children and young people at school part I Moderator: Sylwia Kluczyńska	Room 3232 II floor
12.30 – 12.50	Sylwia Gwiazdowska-Stańczak, Bogusława Lachowska: <i>Building a positive school climate as a form of psychological support for children and adolescents.</i>		
12.50 – 13.10	Anna Zarazińska: <i>Together or separately? Providing support to students and cooperation between the school psychologist and elementary school teachers.</i>		
13.10 – 13.30	Katarzyna Kolanowska, Dorota Ceranka-Czajkowska: <i>Consciously and effectively in the labor market.</i>		
13.30 – 13.50	Monika Jurewicz, Agnieszka Pawluk-Skrzypek: <i>A student at risk of social maladjustment in the theater of life of the law and everyday life of the school - a case study.</i>		
13.50 – 14.10	Grzegorz Frączek: <i>Resolving conflicts in the school environment.</i>		
	Session III	Helping children and young people in a migration situation Moderator: Katarzyna Prot-Klinger	Room 3235 II floor
12.30 – 12.50	Olena Savchuk, Alicja Bogaczyk, Magdalena Migda: <i>Working with children and youth with refugee experience using the POSITUM MGS method. Conclusions and reflections from the implementation of the project "Move hearts, minds and hands for Ukrainian children and families in Poland".</i>		
12.50 – 13.10	Michał Stępień: <i>Helping a student with refugee and migration experience - legal and practical aspects.</i>		
13.10 – 13.30	Ewa Dąbrowa: <i>Methods of pedagogical and psychological support of refugee children with war trauma.</i>		
13.30 – 13.50	Katarzyna Okulicz-Kozaryn, Anna Dzielska: <i>Mental health support for Ukrainian parents.</i>		



	Session IV Child in crisis situation - psychological and pedagogical contexts Moderator: Ewa Odachowska-Rogalska	Aula B ground floor
12.30 – 12.50	Łukasz Antczak: <i>Psychological first aid for a child placed in foster care with a diagnosis of type I or II trauma.</i>	
12.50 – 13.10	Joanna Żewakowska: <i>Assistance provided to children in the situation of parental separation - theory, practice and research.</i>	
13.10 – 13.30	Ewa Odachowska-Rogalska: <i>A child's crisis in relation to a traumatic experience.</i>	
13.30 – 13.50	Monika Czerwińska: <i>Prevalence of traumatic experiences, PTSD, and other psychiatric disorders among foster care alumni: a review of the research literature.</i>	
14.00 – 15.00	Lunch break	
15.00 – 15.30	Poster session	Corridor in front of Aula B
	<ol style="list-style-type: none"> 1. Anna Mazurowska, Julia Kisielewska: <i>Assumed and actual dimensions of psychological and pedagogical support in a mainstream elementary school.</i> 2. Joanna Leśniak: <i>Good practices - support for children and young people in SOSW in Ropczyce.</i> 3. Sylwia Bokuniewicz: <i>Youth support group as a form of peer self-help.</i> 4. Małgorzata Mróz: <i>Psychological and pedagogical support in the development of a shy child in early education.</i> 5. Alicja Ryczkowska: <i>Possibilities of applying elements of music therapy in the framework of specialized activities in the field of psychological and pedagogical support addressed to children and adolescents.</i> 6. Emilia Wołyniec-Kurkowska: <i>Negative consequences for the psychosocial functioning of adolescents resulting from the manifestation of risky behavior of a sexual nature in virtual space.</i> 7. Agnieszka Jędrzejowska: <i>Difficult behavior cries out for closeness - supporting the development of the rejected child.</i> 8. Agnieszka Barczykowska: <i>Parents and the psychological support system for children and adolescents - from isolation to cooperation.</i> 	
15.30 – 17.00	Workshop session I	Venue



Workshop I.	<i>Storytelling and storymaking in Education and therapy</i> , Mooli Lahad, Israel (in English).	Aula B
Workshop II.	<i>"The puppets will play that for you": Puppet Playback theatre for the processing of personal and collective stories</i> , Nira Kaplansky, Israel (in English).	Room 3077 ground floor
Workshop III.	<i>Violence in the situation of family breakdown - diagnosis, manifestations, psychological support</i> , Marta Rutkowska.	Room 3088 ground floor
Workshop IV.	<i>E-addiction prevention. From child to teenager</i> , Magdalena Rowicka.	Room 3090 ground floor
Workshop V.	<i>Support of facility staff after the suicide death of a student - the experience of unacknowledged bereavement</i> , Marta A. Sałapata.	Room 3094 ground floor
Workshop VI.	<i>How do you help students engage in learning?</i> Sylwia Gwiazdowska-Stańczak.	Room 3232 II floor
Workshop VII.	<i>Autism spectrum or attachment disorders - about diagnosis and support for children in adoptive families</i> , Izabela Rutkowska.	Room 3235 II floor
17.00	Closing of the first conference day	

Day II



Friday, 10.11.2023		Venue
9.00 – 11.00	Plenary session Moderator: Irena Jelonkiewicz-Sterianos	Aula B ground floor
9.00 – 9.30	Anna Dzielska: <i>Health of children and adolescents in Poland based on the results of the HBSC survey.</i> Institute of Mother and Child, Warszawa.	
9.30 – 10.00	Krzysztof Sz wajca: "The child is the father of the man" - about obstacles and the importance of responding to intra-family violence. Collegium Medicum, Jagiellonian University, Kraków.	
10.00 – 10.30	Sarah Bekaert: <i>Navigating risk in complex lives: challenging the risky scientific discourse for teen mothers and their children.</i> The Oxford Brookers University, England.	
10.30 – 11.00	Lidia Popek: <i>Infant mental health. Psychoanalytic Parent-Infant Psychotherapy.</i> Mazovian Neuropsychiatry Centre, Józefów.	
11.00 – 11.30	Coffee break	
11.30 – 13.00	Parallel sessions	Venue
	Session V Out-of-school forms of psychological support for mental health of children and adolescents	Aula B ground floor



	Moderator: Lidia Zabłocka-Żytka		
11.30 – 11.50	Lucyna Myszka-Strychalska: <i>Tasks related to supporting youth in the area of career development after the COVID-19 pandemic - conclusions from the nationwide survey.</i>		
11.50 – 12.10	Lidia Zabłocka-Żytka: <i>Psychological support of children adolescents through adult education. Presentation of training materials.</i>		
12.10 – 12.30	Katarzyna Średzińska: <i>Music therapy as one of the elements of therapeutic support in the Day Psychiatric Ward for Children and Adolescents.</i>		
12.30 – 12.50	Ewa Bilka: <i>A story about long-distance help in emotional crisis.</i>		
	Session VI	Helping children and young people at school part II Moderator: Maria Weker	Room 3088 ground floor
11.30 – 11.50	Emilia Wojdyła: <i>Rights of children and adolescents - psychological and pedagogical support and the law.</i>		
11.50 – 12.10	Bożena Kanclerz: <i>Helping and supporting teacher – a competent psychopedagogist - about the need for teacher supervision in the Polish education system.</i>		
12.10 – 12.30	Maria Weker: <i>Activating children's oculomotor performance in the context of digital overexposure.</i>		
12.30 – 12.50	Maciej Maraszkiwicz, Sebastian Zdończyk: <i>Psychological support to Pomeranian University students.</i>		
12.50 – 13.10	Anna Prusik, Roman Sokulski: <i>An innovation in education designed for students with special educational needs to support their return to on-site learning after COVID-19-induced remote learning.</i>		
	Session VII	Mental health problems of children and adolescents Moderator: Irena Jelonkiewicz-Sterianos	Room 3090 ground floor



11.30 – 11.50	Elżbieta Smoleń: <i>When does an infant bring the family to psychotherapy? Relational infant trauma and its significance.</i>	
11.50 – 12.10	Iwona Grzegorzewska: <i>Borderline personality disorder in adolescents in clinical practice - diagnostic possibilities and psychological help.</i>	
12.10 – 12.30	Elżbieta Talik: <i>Worry and stress coping strategies in adolescents. The mediating role of psychological resilience.</i>	
12.30 – 12.50	Agnieszka Siedler, Edyta Idczak-Paceś: <i>Characteristics and specificity of working with an adolescent on the autism spectrum with depressive symptoms.</i>	
12.50 – 13.10	Marta Bodecka-Zych: <i>Vulnerable narcissism in the father-son relationship.</i>	
	Session VIII Helping children and adolescents in the context of bereavement and confrontation with death Moderator: Marcin Sękowski	Room 3232 II floor
11.30 – 11.50	Magdalena Kruk-Rogucka: <i>The crisis of abandonment and bereavement.</i>	
11.50 – 12.10	Marta Anna Sałapata: <i>Supporting schoolchildren after a student's suicide death from the perspective of a pedagogist and psychotraumatologist.</i>	
12.10 – 12.30	Urszula Tokarczyk-Bar: <i>Opportunities to support families with children in preparing for the death of a loved one.</i>	
12.30 – 12.50	Aleksandra Kurowska-Susdorf: <i>How to talk to children about dying and death? Tips for practitioners.</i>	
13.00 – 13.30	Lunch break	
13.30 – 15.00	Theater performance <i>Playback Hey!Now!</i>	Aula B ground floor



15.00 – 15.30	Coffee break	
15.30 – 17.00	Session workshopowa II	Venue
Workshop VIII.	<i>Solution-focused approach in working with children after traumatic experiences, Marta Piegat-Kaczmarczyk.</i>	Room 3088 ground floor
Workshop IX.	<i>Return of a child after a burn injury to the classroom, Jolanta Golianek.</i>	Room 3090 ground floor
Workshop X.	<i>You have that POWER! Dream. Explore. Set Goals. Workshop on pedagogical innovation to support psychosocial functioning of school children and adolescents, Marta Giziewska, Emilia Aksamit.</i>	Room 3077 ground floor
Workshop XI.	<i>Plasticine in support activities, Maria Aleksandrowicz.</i>	Room 3093 ground floor
Workshop XII.	<i>VR (virtual reality) technology in therapeutic work with children with special educational needs, Wojciech Kreft, Jakub Kreft.</i>	Room 3232 II floor
17.15	Closing of the conference	Aula B ground floor



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